

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

Exercise Walking / Running[§]

Adidas	Adistar Control
Aetrex	Rhino Runner Boss Runner
Asics Gel	MC Plus* Foundation Kayano Evolution GT2120
Brooks	Beast*/ Ariel* Addiction Adrenaline Trance
Mizuno	Wave Renegade
New Balance	587* 940 993 1012* 1260 1540*
Saucony	Grid Stabil Hurricane Omni ProGrid Stabil

Walking[§]

Aetrex	All Walkers
Brooks	Addiction Walker (Leather)*
Dunham	All Walkers
New Balance	812 846 927* 956* 978
Saucony	ProGrid
SAS	Time Out(m) Free Time(w)

Trail Running/Light Hiking

Asics	2160
Brooks	Adrenaline ASR
Keen	Targhee
Merrell	Arc Chameleon Refuge
Montrail	Hardrock* Comp XCR Torre GTX
New Balance	956 1004
Patagonia	Drifter

Cross Trainers / Aerobics

Adidas	Response Competition
K-Swiss	Difier-miSOUL Stabilor
New Balance	856 871 1004
Nike	Court Ballistic

Basketball

Adidas	Howard
New Balance	891 907
Nike Air	Soldier Max Hyperdunk

Extra-Depth Shoes[§]

Aetrex Apex Dr. Comfort Drew Orthofeet P.W. Minor Soft Spot

Dress Shoes—Women: Heels, Flats, Casual

Aetrex Alice-Alan Aravon Ariat Beautifeel Blend Cole-Haan Dansko Finn Comfort Kumfs Munro Naot Nickels Rieker Rockport Salamander Sanita Selby Sudini Taryn Rose Theresia

More fashion shoes at: <http://luckygirlshoes.com>

Dress Shoes—Men

Aetrex Allen Edmonds Cambrian Cole-Hann Dansko Dunham Ecco Kumfs Naot Neil M. Rockport

Sandals

Sandal brands that can accommodate custom orthoses include:

Aetrex Sandalistas Ariat Birkenstock Cambrian Dansko Finn Comfort Naot Solvee Theresia

Rocker-Soled Shoes

Cognet⁺ Dansko⁺ MBT⁺⁺ Ryn⁺ Sketcher Shape-Up⁺⁺
⁺stable heel, ⁺⁺unstable heel

Clogs and Slippers

Nontraditional slippers for support and comfort.

Cros Daniel Green Clogs Finn Comfort Orb Geisswan Clogs Heflinger Clogs Naot Iceland or Glacier Stegmann Clogs Timberland Professional Clogs

Insoles

To go under orthotic after removing shoe insole

Dr. Scholl's: Air pillow insole **Spenco:** Flat insole

[§] Best shoe types for use with ProLab AFOs
^{*}Maximum motion control

*Wearing proper shoes is an important part of keeping your feet healthy.
 Always remove the shoe insole before inserting orthotics.*